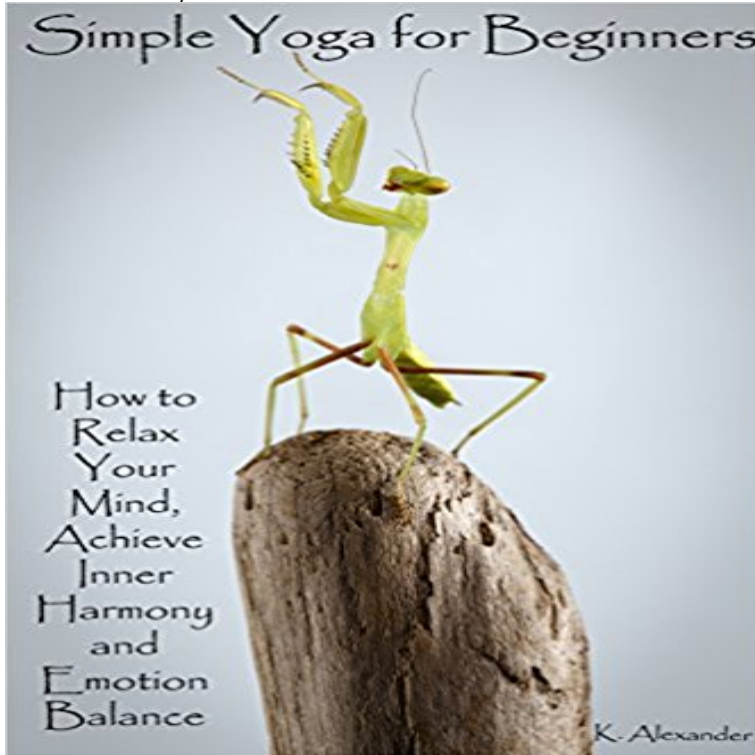


Simple Yoga for Beginners: How to Relax Your Mind, Achieve Inner Harmony and Emotion Balance



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